



Overview

The mission of Parent Hour Webinars is to provide parents, families and the community with the necessary tools and skills to support students academically, socially, and emotionally, while building a cornerstone to a healthier and safe community.

Our Parent Hour catalog focuses on three key pillars:

Student achievement- workshops provide information and strategies for parents to support their child at home.

Parent advocacy- workshops provide information and strategies to help parents advocate for their child.

Personal growth- workshops build parent confidence and provide them opportunities for personal growth.

Registration Instructions

If you are interested in attending one (or many!) Parent Power Hour workshops, please register by clicking the link for a session.

All workshops will be held using ZOOM. Refer to the workshop description for specific information.

The dates and time of the workshops are listed in this guide along with the registration link.

Please pre-register and any updates will be sent via email.

All Parent Power Hour workshops are designed for parents, caregivers and community members.

Students are welcome to attend along with their families if appropriate.

For questions, contact Sheila Kane, Family and Community Engagement Coordinator,

at kanes@pcsb.org or 727-588-6000 x1846.

Personal Growth



Everything You Wanted to Know about Identity Theft

Identity theft is a crime that occurs when someone steals your personal and/or financial information to commit fraud. Pinellas County Consumer Protection will give you tips on how to protect yourself from identity theft and what steps to take if you fall victim. Please join us for this informative discussion.

When	June 15, 2021
Where	Zoom Webinar
Time	4:30- 5:30 p.m.
Register	Please click here to register

The ABC's of Financial Literacy

Managing money and dealing with debt can be overwhelming, especially if you don't know where to start. Join Pinellas County Consumer Protection to learn tips on how reduce debt and build better credit, ways to save money, and how to start budgeting towards a financially stable future.

When	July 21, 2021
Where	Zoom Webinar
Time	4:30- 5:30 p.m.
Register	Please click here to register

Home Buying- It Takes Planning Ahead!

Tired of Renting? Have you ever thought of owning your own home? Owning a home is the American Dream and Suncoast Housing Connections can show you how to make that dream a reality. Suncoast Housing Connections has helped thousands of families in Pinellas County own their first home and they want to show you how you can do this as well. There are programs that can assist with paying things like the down payment and the closing costs. Suncoast Housing Connections is presenting an information session where you can learn how you may be able to get up to \$45,000 in Down Payment Assistance to help buy a home. Register today!

When	July 28, 2021
Where	Zoom Webinar
Time	12:30-1:30 p.m.
Register	Please click here to register

Parent Advocacy



The following topics will be led by Franklin Covey Education- discussion and activities will follow their best-selling book “The 7 Habits of Highly Effective Families”. The book is not required to participate.

7 Habits of Highly Effective Families- Part I

- Discuss what is in your family’s circle of influence
- Clarify your family’s purposes and priorities in a family mission statement
- Explore how to make room for one-on-one time and family traditions

When	June 23, 2021
Where	Zoom Webinar
Time	4:00- 5:00 pm
Register	Please click here to register

7 Habits of Highly Effective Families- Part II

- Learn what are withdrawals and deposits in Emotional Bank Accounts®
- Practice building stronger relationships through Empathic Listening

When	July 8, 2021
Where	Zoom Webinar
Time	12:00- 1:00 pm
Register	Please click here to register

7 Habits of Highly Effective Families- Part III

- Find creative synergy by valuing each other’s strengths
- Plan how to regularly renew your body, mind, heart, and spirit.

When	July 14, 2021
Where	Zoom Webinar
Time	4:00- 5:00 pm
Register	Please click here to register

Student Achievement



*The following topics were our most popular sessions from this past school year.
Please feel free to view the recordings at your leisure.*

Trauma Informed Care for Families

What is trauma? What does it mean to be “trauma informed”? This session will share an overview of trauma and the behavioral and emotional impacts on child development. Participants will be provided with strategies for addressing trauma, including parenting in the age of a pandemic. Resources and a Q&A session will also be provided for those that wish to seek further information.

When	RECORDED SESSION AVAILABLE AT YOUR CONVENIENCE
View	Please click here to view

Dear Overwhelmed Mom

Being a parent is a tough job for both moms and dads. However, it is common for moms to carry more of the physical and emotional load when it comes to parenting. Oftentimes they are working a regular job, taking on the “second shift” duties such as cooking, cleaning, making lunches, going over homework, and worrying about things like playdates and social interactions can be hard-hitting. More recently due to COVID 19, moms are working remotely at home, while supporting their child with online learning. In this presentation, participants will learn strategies on how to “name” their experiences, tap into new energy sources, and facilitate reality check expectations.

When	RECORDED SESSION AVAILABLE AT YOUR CONVENIENCE
View	Please click here to view

Oops! My Child is Off Task

How can I make my home learning center manageable for all parties? This workshop will help attendees understand the importance of establishing foundational strategies that will minimize behavioral disruption. They will have an opportunity to speak directly with experts on behavior management and to collaborate and share out successful strategies with other parents and families. Lastly, participants will create their “at home” plan to keep their scholars on task.

When	RECORDED SESSION AVAILABLE AT YOUR CONVENIENCE
View	Please click here to view